

June 25, 2014

Dear Provider,

Integrated Solutions Health Network partnered with the Sentara Health Plan (Optima Health) in June 2013 to serve the community members in Southwest Virginia eligible for Individual, Group, and Exchanges starting in 2014. We are very excited about this opportunity to bring exceptional quality of care at an affordable cost to the community under the umbrella of ISHN and AnewCare. Optima Health currently has individual plans and small employer plans through the Federal Marketplace in our region, and we wanted provide additional education to you as a participating provider for these plans.

Products Offered via the ISHN/Optima Sentara Partnership:

- Optima Vantage – Health Maintenance Organization (HMO)
 - Product Offered on the Federal Marketplace
- Optima Family Care – a Medicaid HMO product in Virginia

Please visit our website at www.ishnonline.com to access Optima Health for the Optima Provider Manual, information regarding the Federal Marketplace, and Optima's monthly newsletters.

We are in the process of updating this link to provide a more comprehensive summary of information for our providers along with links to Plan Central, Health Endeavors, and soon to add Truven. The website also has a directory in PDF format for each ISHN account listing for each physician provider. *Please check your practice's information and let us know if any information should be updated/changed.*

If you have any questions you may reach me directly at 423-952-2180 or via email at Kristie.hammonds@ishnonline.com.

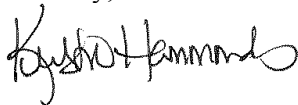
Additional contacts:

Kim Lyons, Tennessee Provider Relations
423-952-2177
kim.lyons@ishnonline.com

Kelly Hill, Virginia Provider Relations
276-258-3233
kelly.hill@ishnonline.com

We value you partnership and thank you for all you do.

Sincerely,



Kristie Hammonds
Corporate Director, Network Management
423-952-2180